

# Before you put it out



can we pick it up?

## More ways to reuse your furniture or household items

### Pass on items using online networks

Freecycle and Freegle are quick and easy ways to give away unwanted household goods and pick up useful items free of charge. Find your local group at:

[www.freecycle.org](http://www.freecycle.org) or [www.freegle.org.uk](http://www.freegle.org.uk)

There are many online sites where you can buy and sell second hand items. Some of the most popular ones are:

[www.ebay.co.uk](http://www.ebay.co.uk) [www.gumtree.co.uk](http://www.gumtree.co.uk) [www.amazon.co.uk](http://www.amazon.co.uk)

### Donate to charity shops

Charity shops need your donations of unwanted books, clothes, accessories, bric-a-brac... the list is endless!

Find your nearest one at [www.sort-it.org.uk](http://www.sort-it.org.uk)

### Use your nearest Recycling Centre or Point

You can take a range of bulky items, including furniture to most Recycling Centres in Fife where they will be reused or recycled. You can also recycle clean textiles (including ripped clothes) in textile banks found at most recycling points and centres.

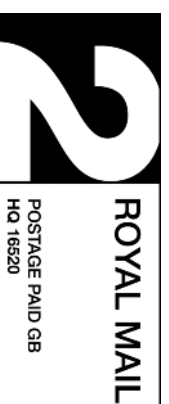
Find your nearest one at [www.fifedirect.org.uk/wasteaware](http://www.fifedirect.org.uk/wasteaware)

Please contact us if you would like more information:

**Recycling Helpline 08451 55 00 22**

**waste.aware@fife.gov.uk**

**[www.fifedirect.org.uk/wasteaware](http://www.fifedirect.org.uk/wasteaware)**



# Introduction

Thanks to you, Fife Council has one of the highest recycling rates in Scotland. In 2009 we recycled 45% of our waste and we aim to send zero waste to landfill by 2020. To do this we need to reuse more and reduce the amount of waste we produce.

Reusing items such as furniture, electrical appliances, mattresses and textiles reduces the amount of waste sent to landfill and stops virgin materials being used for making new items.

This guide provides advice on how you can donate your furniture and other household items for reuse locally.

## Did you know?

Our aim is to recycle most of the waste collected by the council's special uplift service. Although we're working hard recycling TVs, fridges, freezers and other large appliances, unfortunately items such as sofas, beds and mattresses collected by special uplift are still sent to landfill. Most of these items could be offered for reuse benefiting local people and the environment.

# Local reuse organisations

Fife Council is working closely with local community based reuse organisations to give used furniture and household items a new life.

Reuse organisations will offer a free collection service or you can arrange to take items to their reuse shops. The donated items are refurbished if necessary and either sold at low cost or provided to people in need.

To access/buy furniture and other household items, visit any of the shops listed overleaf during opening hours. If you are looking for a specific item it is best to phone in advance to find out what is in stock.

## Why it's good to use community organisations:

- ✓ FREE pick-up of bulky items from your home at a time suitable for you.
- ✓ You can get help with moving the items out of your house.
- ✓ Provides local jobs and helps others in need of good quality furniture.
- ✓ Prevents good quality items from going to landfill.
- ✓ Saves you money (booking a special uplift through the council costs £11).

# How to donate

- ✓ Decide which reuse organisation is best for you.
- ✓ Call or email them to find out if your item is reuseable.
- ✓ Arrange a time for them to pick up your item for FREE, or for you to deliver to their shop.

Castle Furniture	Furniture Plus
North East Fife and East Neuk	All of Fife except North East
☎ 01334 654445	☎ 01592 654546 (Dysart) ☎ 01383 428664 (Inverkeithing)
✉ enquiries@cfproject.org.uk	✉ enquiries@furnitureplus.org.uk
🌐 www.cfproject.org.uk	🌐 www.furnitureplus.org.uk
Mon - Sat 9am - 4.30pm Sun 10am - 4pm	Mon - Sat 10am - 4pm
Tom Rodger's Mill, East Burnside, Cupar, KY15 4DQ	<b>Drop-off and access furniture</b> <ul style="list-style-type: none"><li>• 7-21 Alexander Street, Dysart, KY1 2XX</li><li>• Unit 2, Bellknowes Industrial Estate, Inverkeithing, KY11 IHY</li></ul> <b>Access furniture only (no drop-offs)</b> <ul style="list-style-type: none"><li>• 1 High Street, Lochgelly, KY5 9JP</li><li>• 100 High Street, Cowdenbeath, KY4 9NF</li></ul>
<b>Yes please</b>	
<b>Good quality:</b> <ul style="list-style-type: none"><li>✓ Bric-a-brac</li><li>✓ Electrical items</li><li>✓ Furniture</li></ul>	<ul style="list-style-type: none"><li>✓ Mattresses</li><li>✓ Textiles</li><li>✓ Baby equipment</li><li>✓ White goods</li></ul>
<b>No thanks</b>	
<ul style="list-style-type: none"><li>✗ Upholstered items without a fire regulation label</li><li>✗ Broken furniture</li><li>✗ Electrical items that are not in working order</li></ul>	

# Want to extend the lifetime of your favourite piece of furniture?

Contact Matrix Fife who offer an upholstery and refurbishing service. They also alter clothes and soft furnishings. Matrix Fife provides employment and training opportunities for people with disabilities or other health issues.

Contact Matrix Fife: ☎ **01383 602217** ✉ **matrix.fife@fife.gov.uk**

Web information can be found under Matrix Fife on the **www.fifedirect.org.uk** website.